



# HEALTH BUILDS SOCIETY'S WEALTH — A SANKKOM'S COMMITMENT TO SOCIAL RESPONSIBILITY

**EMMA 2025 NOMINATION**

**CATEGORY 9:  
BEST CORPORATE  
SOCIAL  
RESPONSIBILITY**



**PART 2**



Discover  
THE  
SWISS DIET KIT®  
COLLECTION



# THE SWISS DIET

By Dr. Mazourik



Developed By Dr. Mazourik, The **Swiss Diet Kit**<sup>®</sup> is nothing like a traditional diet.

It is a toolset to help you develop healthier long-term eating habits, learn to control your hunger levels, and start eating intuitively.



These are the results from our clinical trials after one month of using the **Swiss Diet Kit**<sup>®</sup>.

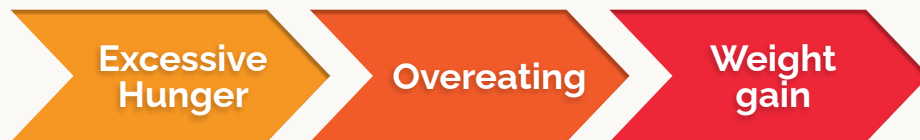
# WHAT IS INTUITIVE NUTRITION?

Intuitive Nutrition is the skill to distinguish clearly between the natural feeling of hunger (when it's time to eat) from the emotional, social or psychological reasons we (over) eat.

It fundamentally changes your approach towards to food, to help you maintain a healthy weight for life.

## SO HOW DO WE DO WE GAIN WEIGHT?

When we feel very hungry (whether physically or emotionally), we tend to overeat:



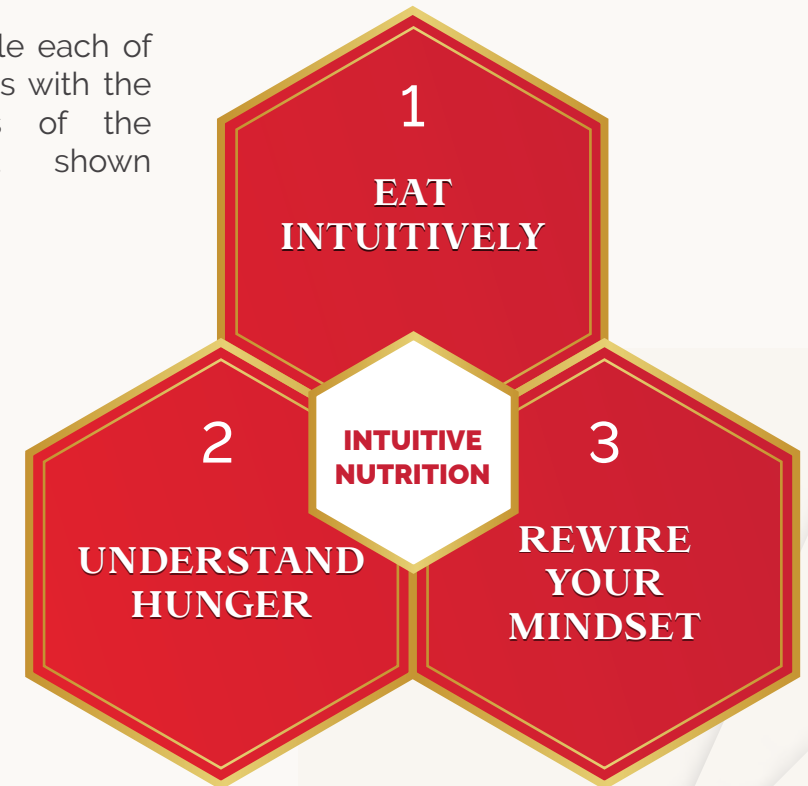
By preventing excessive hunger, we can not only make better food choices, but also:



## COMMON REASONS FOR WEIGHT GAIN INCLUDE:

- ✦ Unhealthy (Calorie Dense) Food
- ✦ Large Portion Sizes
- ✦ Overeating
- ✦ Emotional Eating

We can tackle each of these reasons with the 3 Principles of the Swiss Diet shown below:



The **Swiss Diet Kit**<sup>®</sup> chews are training wheels to practice intuitive Nutrition. They help you reduce your appetite, your portions, as well as learn to implement Intuitive Nutrition to build life-long habits.



# SWISS DIET KIT



Strawberry Flavour  
VITAMINS A, C, E

**SWISS DIET KIT STRAWBERRY**  
**2 WEEK SUPPLY**  
NET WEIGHT: 250g  
REF NO: SDK-250ST



Cherry Flavour  
VITAMIN C

**SWISS DIET KIT CHERRY**  
**2 WEEK SUPPLY**  
NET WEIGHT: 250g  
REF NO: SDK-250CH



Peach Flavour  
GINSENG EXTRACT

**SWISS DIET KIT PEACH**  
**2 WEEK SUPPLY**  
NET WEIGHT: 250g  
REF NO: SDK-250PC



Strawberry Flavour  
VITAMINS A, C, E

**SWISS DIET KIT STRAWBERRY**  
**4 WEEK SUPPLY**  
NET WEIGHT: 500g  
REF NO: SDK-500ST



Cherry Flavour  
VITAMIN C

**SWISS DIET KIT CHERRY**  
**4 WEEK SUPPLY**  
NET WEIGHT: 500g  
REF NO: SDK-500CH



Peach Flavour  
GINSENG EXTRACT

**SWISS DIET KIT PEACH**  
**4 WEEK SUPPLY**  
NET WEIGHT: 500g  
REF NO: SDK-500PC



**SWISS DIET KIT CHERRY  
PHASE 2 REFILL PACK  
NET WEIGHT: 250g  
REF NO: SDK-250CH**



**SWISS DIET KIT PEACH  
PHASE 2 REFILL PACK  
NET WEIGHT: 250g  
REF NO: SDK-250PC**



**SWISS DIET KIT STRAWBERRY  
PHASE 2 REFILL PACK  
NET WEIGHT: 250g  
REF NO: SDK-250ST**



**SWISS DIET KIT CHERRY  
PHASE 2 REFILL PACK  
NET WEIGHT: 500g  
REF NO: SDK-500CH**



**SWISS DIET KIT PEACH  
PHASE 2 REFILL PACK  
NET WEIGHT: 500g  
REF NO: SDK-500PC**



**SWISS DIET KIT STRAWBERRY  
PHASE 2 REFILL PACK  
NET WEIGHT: 500g  
REF NO: SDK-500ST**



**SWISS DIET KIT CHERRY**  
**PHASE 1 COMPLETE SET**  
**NET WEIGHT: 500g**  
**REF NO: SDK-500CH**



**SWISS DIET KIT PEACH**  
**PHASE 1 COMPLETE SET**  
**NET WEIGHT: 500g**  
**REF NO: SDK-500PC**



**SWISS DIET KIT STRAWBERRY**  
**PHASE 1 COMPLETE SET**  
**NET WEIGHT: 500g**  
**REF NO: SDK-500ST**



**SWISS DIET KIT GRAPEFRUIT**  
**PHASE 1 COMPLETE SET**  
**NET WEIGHT: 500g**  
**REF NO: SDK-500GF**



# ABOUT AVEVITTA

Avevitta, a sub-brand of SANKOM Switzerland, developed the Avevitta Protect 1.0 and Avevitta Protect 2.0 masks as a response to the lack of protective and eco-friendly mask solutions in the beginning of 2020.

The message behind Avevitta is simple: We believe that the things you wear every day should protect you, be good for your health and for our planet, without comprising on comfort or style.

SANKOM was founded in 2003 in Switzerland by Dr. Mazourik and Ms. Kate Mazourik and specialises in innovative solutions and products that improve health and wellbeing.

SANKOM holds a unique portfolio of patents that are successfully marketed worldwide and have won a series of prestigious international awards.

With daughter companies and representations offices in 5 continents, SANKOM successfully distributed its innovative products to over 95 countries worldwide.



**DR. SERGE MAZOURIK, CHAIRMAN  
MS. KATE MAZOURIK, VICE-PRESIDENT SANKOM SA  
& DIRECTOR AVEVITTA**



# AVEVITTA PERIOD LEAK PROOF ANTIBACTERIAL UNDERWEAR

ZINC OXIDE TECHNOLOGY

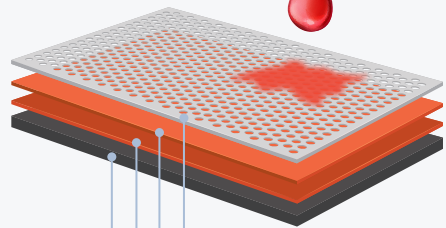
- ✓ PROVIDES OPTIMAL PROTECTION DURING MENSTRUATION
- ✓ ELIMINATES THE NEED FOR PADS
- ✓ SUPPORTING ENVIRONMENTAL CONSERVATION EFFORTS
- ✓ INNOVATIVE SWISS TECHNOLOGY
- ✓ UNPARALLELED COMFORT AND A PLEASANT EXPERIENCE



FOR MONTHLY CYCLES



ANTIBACTERIAL  
ANTI-FUNGAL  
ANTI-INFLAMMATORY



ANTIBACTERIAL

QUICK DRYING

ABSORBENT

LEAK PROOF

## HIP MEASUREMENTS

SIZE	CM	INCHES
S	92-95	36.5-37.5
M	96-99	38-39
L	100-104	39.5-41
XL	105-108	41.5-42.5



SAFE AND COMFORT



HIGH QUALITY COTTON



COMFORTABLE & BREATHABLE

# AVEVITTA BREATHABLE ANTIBACTERIAL UNDERWEAR

ZINC OXIDE TECHNOLOGY

- ✓ ANTIBACTERIAL, ANTIFUNGAL AND ANTIVIRAL PROTECTION
- ✓ ODOR RESISTANT
- ✓ ENHANCED BREATHABLE LUXURIOUS COTTON FABRIC
- ✓ SUPREME COMFORT AND A SOOTHING FEEL
- ✓ SUSTAINABLE AND ECO FRIENDLY

Zinc Oxide is a natural compound known to soothe irritations, reduce odor and prevent rashes.  
Proven to be 99% antibacterial even after 50 washes.



ANTIBACTERIAL  
ANTI-FUNGAL  
ANTI-INFLAMMATORY

ALL DAY  
FRESH FEEL

## HIP MEASUREMENTS

SIZE	CM	INCHES
S	92-95	36.5-37.5
M	96-99	38-39
L	100-104	39.5-41
XL	105-108	41.5-42.5
XXL	109-113	43-44.5



IDEAL FOR  
SENSITIVE SKIN



MINIMIZES  
ODOR



SAFE AND  
COMFORT



HIGH QUALITY  
COTTON

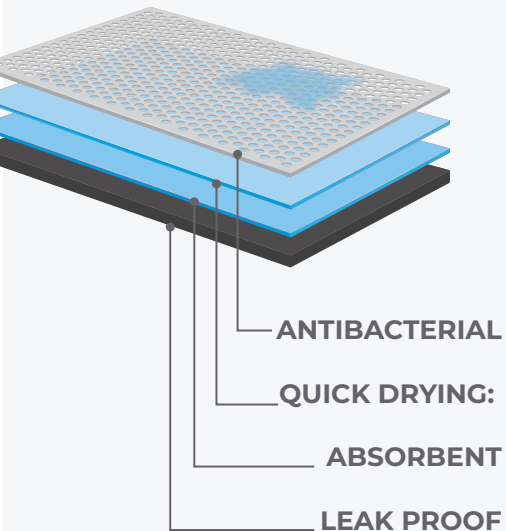


COMFORTABLE &  
BREATHABLE

# COMFORT CHIC LEAK PROOF ANTIBACTERIAL UNDERWEAR

ZINC OXIDE TECHNOLOGY

- ✓ IDEAL FOR POSTPARTUM URINARY INCONTINENCE IN WOMEN
- ✓ ELIMINATES THE NEED FOR PADS
- ✓ SUPPORTING ENVIRONMENTAL CONSERVATION EFFORTS
- ✓ INNOVATIVE SWISS TECHNOLOGY
- ✓ UNPARALLELED COMFORT AND A PLEASANT EXPERIENCE



COMFORT CHIC



ANTIBACTERIAL  
ANTI-FUNGAL  
ANTI-INFLAMMATORY

## HIP MEASUREMENTS

SIZE	CM	INCHES
S	92-95	36.5-37.5
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XXL	109-113	43-44.5



SAFE AND COMFORT



HIGH QUALITY COTTON



COMFORTABLE & BREATHABLE



# CONFIDENT PROTECTION LEAK PROOF ANTIBACTERIAL UNDERWEAR

ZINC OXIDE TECHNOLOGY

- ✓ PROVIDES OPTIMUM PROTECTION DURING MENSTRUATION
- ✓ ELIMINATES THE NEED FOR HANDS-OUT
- ✓ SUPPORT EFFORTS TO PRESERVE THE ENVIRONMENT
- ✓ INNOVATIVE SWISS TECHNOLOGY UNMATCHED COMFORT AND PLEASANT EXPERIENCE IDEAL FOR POSTPARTUM URINARY INCONTINENCE IN WOMEN
- ✓ UNMATCHED COMFORT AND PLEASANT EXPERIENCE



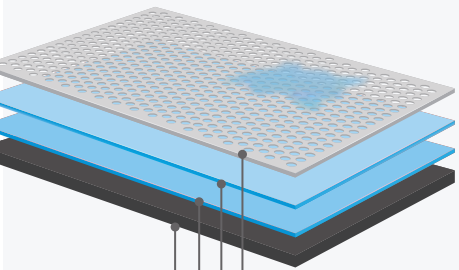
COMFORT CHIC



ANTIBACTERIAL  
ANTI-FUNGAL  
ANTI-INFLAMMATORY

## HIP MEASUREMENTS

SIZE	CM	INCHES
S	92-95	36.5-37.5
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XXL	109-113	43-44.5



ANTIBACTERIAL

QUICK DRYING:

ABSORBENT

LEAK PROOF



SAFE AND COMFORT



HIGH QUALITY COTTON



COMFORTABLE & BREATHABLE



*Discover*  
THE **EDEL DERM**  
COLLECTION



# PEARL WHITE SPOT CORRECTOR SERIES

The Pearl White Spot corrector series has anti-blemish removal properties. The main active ingredient of the Pearl White spot corrector series is the Nobiletin molecule, which is obtained from citrus and has the ability to lighten and tone the skin. It inhibits melanin synthesis in the skin, helps the spots to be lighter day by day.

The Pearl White spot corrector series has no irritating effects on the skin layer despite its stain and whitening effect. It also includes vitamins E and C that nourish the skin and provide resistance against skin wear.



PEARL WHITE DAY CREAM  
HS CODE: 330499009013



PEARL WHITE NIGHT CREAM  
HS CODE: 330499009013



PEARL WHITE SERUM  
HS CODE: 330499009019



*Discover*  
THE **AFFARO**  
COLLECTION





# HAIR STRENGTHENING COLLECTION

Stronger, thicker, fuller hair from the outside with our Affaro hair growth lotion and from within with Affaro hair growth capsules.

A unique food supplement with patented ingredients.



AFFARO HAIR CARE LOTION  
HS CODE: 33049900



AFFARO HAIR CARE CAPSULES  
HS CODE: 21069092

## CLINICALLY PROVEN INGREDIENTS:

- ✓ STIMULATES AND BOOSTS HAIR GROWTH
- ✓ PREVENTS HAIR LOSS
- ✓ STRENGTHENS HAIR
- ✓ INCREASES HAIR DENSITY
- ✓ ACTIVATES AND PROLONGS HAIR GROWTH PHASE





[www.SwissDietKit.com](http://www.SwissDietKit.com)



[www.edelderm.com](http://www.edelderm.com)



[www.sankom.com](http://www.sankom.com)



[www.affaro.com](http://www.affaro.com)






[www.avevitta.com](http://www.avevitta.com)

DESIGNED AND DEVELOPED IN SWITZERLAND

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